

ANNUAL REPORT

Fiscal year 2023/2024



St. Vincent
Meals on Wheels



HOTEL DIEU
SENIOR APARTMENTS

Message from the Board Chairperson Sister Joyce Weller, D.C.



St. Vincent de Paul's annual report was simple: "First the Heart, then the Work." As it was then, so it remains today.

Our annual report is an important tool for understanding and reflecting on where we have been. It shines a light on our efforts, our challenges, our achievements, and our dreams.

Most importantly it points us forward and "urges" us to be vigilant, attentive and focused on our Mission, our clients, and on all who help us each day in our service.

We are grateful for what has been. We are filled with Hope for what can be.

Gratefully,

Sister Joyce, D.C.

Message from the CEO/Executive Director Veronica Dover



Dear Friends,

This past year has been filled with many changes and blessings. On July 1st of 2023, Hotel Dieu officially merged into St. Vincent Senior Citizen Nutrition Program, Inc. This is the completion of a dream of our founder, Sister Alice Marie Quinn, D.C. For many years, Sister SAM noted some of the horrible living conditions that some of our Meals on Wheels homebound seniors endured. It was her dream to have a ministry that allowed seniors to live in a safe, secure and beautiful environment and to be part of a community of care and love. 18 years ago, Hotel Dieu was born from that dream. The beautiful 114-unit apartment building provides free utilities, free basic cable, light housekeeping and linens to residents. There are also activities and gatherings that provide a sense of love and connection. Now the two programs, St. Vincent Meals on Wheels and Hotel Dieu, work even more closely together under the same leadership. And the love that guides all our efforts is magnified.

For all of our seniors, the economic realities remain difficult. The costs of housing, groceries, utilities are making life very challenging and fewer of our seniors can afford to pay anything towards the cost of their meals. St. Vincent Meals on Wheels has always provided services beyond the meals. Now, more than ever, those services are a lifeline to our seniors. These Beyond the Meal services include: resources and referrals, emergency needs provision, social call and visiting programs to address isolation, pet food, and much more. Love Serves.

Thank you all for your love and support for our vulnerable seniors and all your prayers for our staff and volunteers who serve with love and make possible all the miracles we see daily here at St. Vincent Senior Citizen Nutrition Program. We could not do this work without you!

Warmly, Veronica

OUR IMPACT

Surveys of participants are conducted quarterly to ensure that we continue to meet the needs of those we serve.



92%

REPORT THAT OUR MEALS
IMPROVE THEIR HEALTH

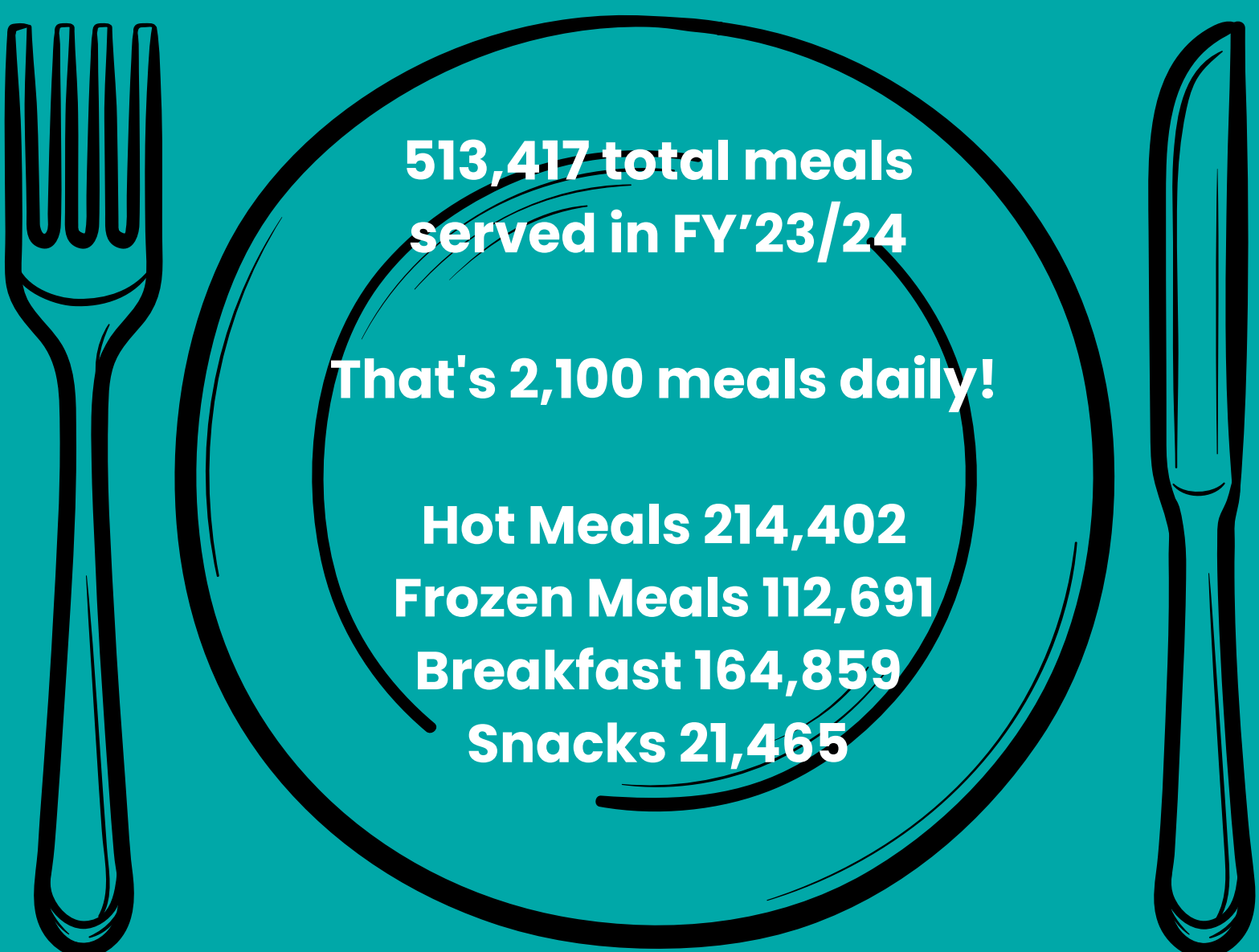
98%

WOULD RECOMMEND US TO
THEIR FRIENDS AND FAMILY

93%

REPORT THAT OUR MEALS
HELP THEM CONTINUE TO
LIVE INDEPENDENTLY

Thanks to you, we served **2078** homebound seniors and adults with serious illness and disabilities across Los Angeles. All meals are prepared with high-quality ingredients and tailored diets meet the needs of seniors with specific medical conditions.



513,417 total meals served in FY'23/24

That's 2,100 meals daily!

Hot Meals 214,402
Frozen Meals 112,691
Breakfast 164,859
Snacks 21,465



A note of gratitude from a meals participant:

Staff and volunteers,
I am so thankful for the kindness of you all at St. Vincent Meals on Wheels.
I want to speak for all of us, the meal recipients.
The Grace of God is on this program.
It is a real blessing to us all!!
You all go above and beyond to take care of us all and we are very appreciative!!
Thank you
Grace, Mercy and Peace





**Our gasoline expense was
\$54,666.59**



96 total pets served

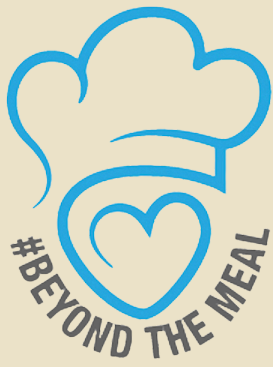
37 dogs & 43 cats



ST. VINCENT MEALS ON WHEELS PET FOOD PROGRAM

Bone Appetit

**4,444 lbs. of
Pet Food**



St. Vincent Meals on Wheels has always been about much more than food.

Hotel Dieu Senior Residence- 114 apartments

Bone Appetit program provides pet food for our seniors furry companions;

Social isolation/connectivity programming fosters lasting connections and battles the loneliness that can be devastating for our seniors;

Home Sweet Home Emergency Needs program helps fill the gaps when we can't find other sources of support for our seniors urgent needs.

Daily we show love and support to those we serve well beyond their nutritional needs.



Home Sweet Home

The Home Sweet Home program provides essential items (walkers, grab bars, small appliances) and assists with rent and utility payments on a one-time basis for financially challenged seniors. This support offers immediate relief and helps clients manage future bills, reducing stress and improving their daily lives.



Bone Appetit

Our Bone Appetit Program delivers free, high-quality pet food monthly to clients with pets, enabling them to keep their beloved animal companions. Scientific research confirms that pets enhance both physical and mental well-being of homebound seniors.



Talking Tech

Our Talking Tech program, powered by enthusiastic volunteers, opens a world of possibilities for our homebound clients. Help them sharpen their tech skills, connect with their grandkids on Zoom, discover fun and educational activities online, and navigate social media. Your support gives our seniors a more connected and enriched life.



#BeyondTheMeal embodies St. Vincent Meals on Wheels' commitment to addressing the holistic needs of our homebound clients. Your generous support allows us to provide not only nutritional meals but also hope, comfort, and meaningful engagement.



Hotel Dieu is a 114 unit low income senior housing program but it is so much more than that. The dream of Hotel Dieu (House of God) has always been to provide clean, safe, affordable housing combined with connection and a sense of community to seniors and the disabled. At St. Vincent Meals on Wheels, we see so many seniors living in conditions that are bad. We see so many of them that are just one bill away from losing their basic housing. Hotel Dieu is our way to help at least some of the many who need not just a decent but a beautiful place to live.

Today the beautiful building hosts over 120 residents.

Amenities include fully paid utilities, basic cable, light housekeeping and linens, and activities.

Activities include chair exercise, dominoes, monthly coffee and donuts meet and greets, barber services, holiday parties and dinners, and many many more.

It is a place of love, laughter, caring and at times singing and dancing!



Our Client Services Staff (two social workers) assessed client needs and offered support services to enhance health and safety, support independent living, and promote quality of life, so that our clients can continue to live happy, independent lives in their own homes. They helped clients with information and assistance linking them to mental health counseling, veteran's benefits, Social Security benefits, in-home support services, housing, transportation, and legal services.

SVMOW has a longstanding commitment to serve those in greatest need.

The **average monthly income of our clients is \$1,383 - \$16,596 annually**, indicating a preponderance of clients living in poverty. More than 68% of SVMOW clients are from communities of color.



167 clients received calls from committed **social call** volunteers
175 **clients** participated in learning about technology through our **Talking Tech** programs
207 hours of volunteer calls to clients were completed
15 tablets with internet services were gifted to seniors
\$70,000 was spent on urgent client needs through our **Home Sweet Home program**.



In FY 23'24, we catered nutritious meals at our cost to these community organizations:

- Alta Med PACE (multiple locations)
- City of El Segundo Outreach
- Culver Palms Meals on Wheels
 - Jardin De La Infancia
 - Pasadena Meals on Wheels
- The Salvation Army Corps Glendale
 - Meals on Wheels West
- Meals on Wheels of West Los Angeles
 - Missionary Brothers of Charity
 - St. Barnabas Senior Services
- Torrance/Lomita Meals on Wheels
 - San Pedro Meals on Wheels
- United American Indian Involvement Inc
 - De Paul USA Casa Milagrosa





Circle of Angels

236 generous and compassionate donors provided a circle of support for our seniors through gifts of \$500 to over \$50,000.

The Breakfast Club

377 Breakfast Club members donated \$1 or more a day to deliver breakfast to clients who depend on us for everything they eat.

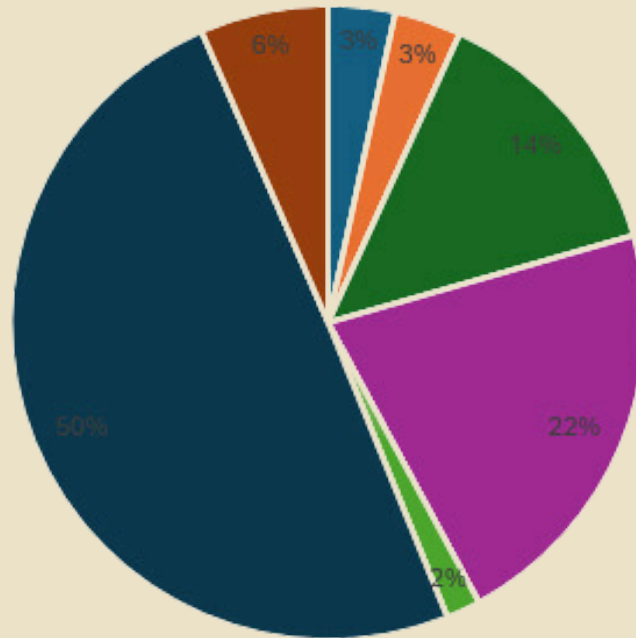
Cuisine à Roulettes

Our 3rd year of our signature event, Hollywood Under the Stars, held at the historic Paramount Studios in June 2024. The event had **290 guests, top LA restaurants and raised over \$200,000!**

We rely on your donations for the majority of our operating budget!

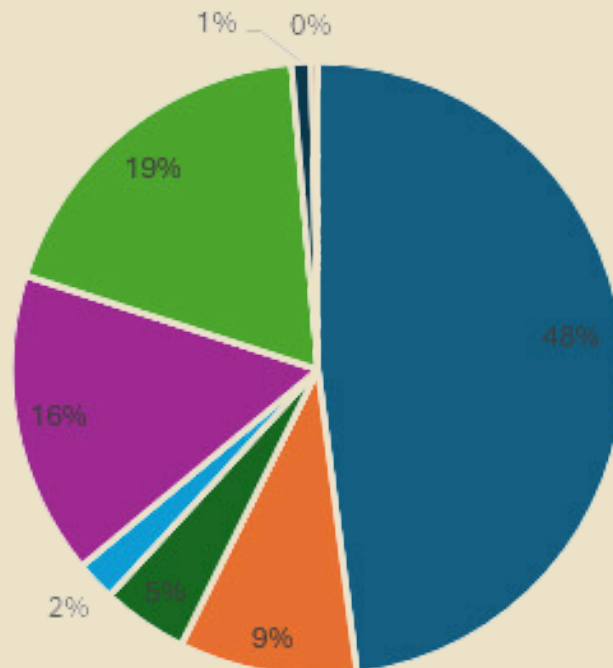


Total Revenue by source 7/1/23 - 6/30/24



■ Clients' Fees ■ Catering Rev. ■ Foundation ■ Corporation ■ Estates ■ Government ■ Indiv, Donors ■ In-kind

Total Expenses by category 7/1/2023 - 6/30/2024



■ Personnel ■ Fundraising ■ Utilities ■ Building Repair ■ Food ■ Operating Exp ■ Transporation ■ Office Supplies

Corporate Partners

Our top 10 most generous corporate partners in FY' 23/24 include:

Liquid IV

Laderach

Delta Dental Insurance Company

Professional Environmental Marketing Association

SCAN Health plan

Singapore Airlines

Albertsons Companies Foundation

Community Betterment Services

Sony Pictures Entertainment

Batjac productions, Inc.

Subaru of America, Inc.





“A single individual is enough for hope to exist,
and that individual can be you.”

Pope Francis

Our clients are hungry for food and they're hungry for human connections. **200 volunteers** served as drivers, meal delivery runners, kitchen aides, grocery assemblers, pet food deliverers, telephone buddies, and tech mentors. To address loneliness and social isolation, we continued to recruit social call volunteers who serve as telephone buddies, and tech mentor volunteers to teach our clients new skills and technology. These volunteer-supported services are available to our homebound clients who lack support and may be at an elevated risk of loneliness and social isolation.

This year we reopened our site for the younger volunteers including Project Giving Kids and Charter Schools to assist us in the caring of our clients by assembling hygiene kits, creating cheery cards, and special holiday gifts.

We honor and applaud all our volunteers for weathering the storms, using their voice for kindness and compassion, and their gift of time so that our clients can continue to live with independence and dignity.

thank you

We couldn't do this work
without you!

St. Vincent Meals On Wheels



Love Serves